

## What Will Children Learn?

- To identify and communicate the feelings they experience when parents separate or divorce.
- To talk about the changes in their family.
- To understand basic concepts about the legal process of divorce, parenting plans and custody decisions.
- To utilize constructive methods for dealing with common situations they may encounter dividing time between their parents' homes.

## What Will Parents Learn?

- Parents will receive nine hours of co-parenting education.
- They will learn to develop an understanding of how divorce and separation affects their children and what they can do to help.
- They will work on communication skills with the other parent and perfecting parenting plans to the benefit of their children.

Northern California Center for Family Awareness,  
Kids' Turn Shasta-Cascade currently offers classes for:

### Whole-Family Divorce Education

#### Kids' Turn Workshops

Parents attend co-parenting classes – and are welcome  
with or without the children, or the other parent.

### Cooperating as Separated Parents classes

and

### Blending Families Workshops

We also offer Supervised Visitation Education  
for Service Providers.

*If you think your family could be  
helped by Kids' Turn Shasta Cascade  
call 244-5749 for a current  
Workshop Schedule and  
application information.*

or

[kidsturnredding.org](http://kidsturnredding.org)



## Shasta-Cascade

**(530) 244-5749**

P.O. Box 991473

Redding, California 96099

[kidsturnredding.org](http://kidsturnredding.org)

*Educational Workshops  
for families in which  
parents have separated  
or divorced.*



**"A place I can think about my family!"**



## Kids' Turn Shasta Cascade

Offers educational programs for North State families undergoing separation or divorce. Kids' Turn helps all family members find skills that can improve communication between the children and their parents and parents between each other for the benefit of their child(ren). Kids' Turn workshops help parents understand their children's experience and helps children find their place in the new structure of their family. The program teaches children coping skills that help deal with the separation or divorce and their family's reorganization.

## Who Attends The Workshops?

Our "Kids' Turn Whole Family Workshops" includes all family members; both parents and children through age seventeen. Both parents are encouraged to attend the same workshop sessions when possible. We also offer continuing co-parenting education: *Cooperating as Separated Parents*. For extended family we have workshops for stepparents, grandparents or just for parents wanting more information: *Blending Families*.

## How Long Is Each Program? and Where Do You Meet?

Kids' Turn Workshops are one evening a week for six weeks and total 9 hours.

*Cooperating as Separated Parents* follows parents' completion of the Kids' Turn workshop and offers 4 hours additional co-parenting education.

*Blending Families* Workshops are 4 hours.

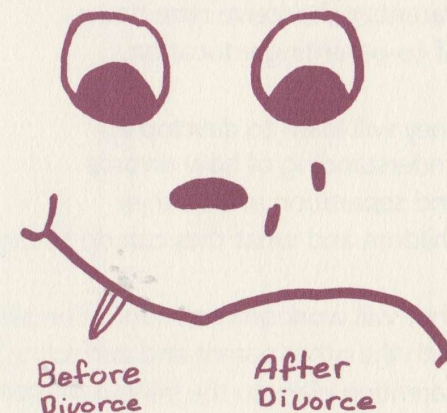
All classes meet at local public school sites. You will be informed of your meeting location following registration. We do not publicly advertise the session location.

## Will I Be In a Group With My Children or the other Parent?

No. The sessions are built for you to focus on your children, not your past relationship. You will each work in very separate groups. The children will be divided into developmentally appropriate age groups.

## Who Teaches the Workshops?

Our leaders are a combination of master level therapists and credentialed teachers. We try to provide two leaders for each group. Most leaders have over fifteen years working directly for and with families of divorce.



Northern California Center for Family Awareness, Kids' Turn Shasta-Cascade is a 501(c)3 nonprofit agency dedicated to low cost service for all.